



Dear Colleague

what's new at braemar?

Introducing new ENT surgeon – Mr Julian White



Most people don't get the chance to see what Julian White sees. Most people don't have the training that he has. But plenty of people may one day need his services.

Julian White is an ear, nose and throat surgeon. It's a branch of medicine where simple procedures can make a big difference. The insertion of grommets, clearing of sinuses, removal of tonsils or adenoids – these and other common operations can have life-changing benefits for the patient. It was one of the things that attracted Julian to the specialty. "There were a number of procedures that didn't really take all that long but were very beneficial to a lot of people, perhaps more than other specialties," he says. "There are a lot of people who have ear, nose and throat problems."

When it comes to the sinuses, he operates endoscopically (using video monitors) and may soon also be doing so at Braemar on

the salivary glands and ducts. These are so small that the endoscopic instruments he will use are only about 1mm in diameter. Using them will allow him to do more than he can with conventional procedures, including more reliably removing stones and administering medications.

Julian White also performs more intensive surgery thanks to a subspecialty in head and neck cancer. To further his knowledge in this area after he finished his training in 2005, he spent 18 months in Canada working with and learning from leaders in the field. At Braemar, where he operates for half a day each week, he has been able to apply that knowledge with operations to remove lymph nodes in the neck. Apart from his private practice, he also develops his skills at Waikato Hospital.

It is the continuation of a career in a branch of medicine that he was first attracted to as a student. "I looked down a microscope into the ear for the first time and I remember it clearly because it struck me that this was something that most people don't see. And that's still one of the things that attracts me to the specialty, I suppose – you can look into dark holes and see stuff that is invisible to other people. I saw the structure of the ear, I saw the eardrum, the little bones, the ear that I'd only read about in text books before.

The spark was further fanned early on when he was inspired by working with a "very intelligent and caring" ear, nose and throat surgeon for a year in Auckland.

Years later, his career has brought him to Hamilton, where he lives with his wife and their two young daughters, enjoying the benefits of a "great place to raise school-age children".

That includes reviving his interest in playing music as one of his daughters learns the violin while the other learns the cello. He learned to play the violin as a youngster, and now he has an excuse to pick it up again alongside his daughters who are being taught by the Suzuki method. "What they really enjoy is the camps, that's really what got us hooked. The Waikato branch has a camp every year at Lake Rotorua. We went there in January. It's actually a really wonderful thing. If you go to a camp like that, the older kids are playing amazing music and the younger ones can see that if they keep going they are going to be playing like that one day."

In some ways that's not too different from medicine, where Julian has come a long way since he first peered at the inner workings of the human ear and launched himself on his chosen career.

Julian joins Mr John Clarkson and Mrs Francoise Jean-Louis as ENT surgeons working at Braemar Hospital.



all endoscopy patients welcome at braemar

Southern Cross Affiliated Provider Scheme for Endoscopy



With a leading team of Specialist Surgeons and Gastroenterologists Braemar Hospital is the largest provider of endoscopy services in the greater Waikato.

Southern Cross recently approached Braemar and the Specialists that work here to join their Affiliated Provider scheme.

We entered into negotiations in good faith and agreed that we would aim for October to have completed the negotiations and have entered into a formal agreement.

Unfortunately since then we have been repeatedly approached by patients who are confused by the messages given by the Southern Cross call centre and on their website. Discussion with Southern Cross management confirms that they will continue to fund treatment for policyholders receiving treatment at Braemar Hospital beyond 9 September while negotiations continue. So, provided they have gained prior approval from Southern Cross:

We are aware that the NZ Association of General Surgeons and the NZ Private Surgical Hospitals Association both have concerns about the scheme and are in dialogue with Southern Cross.

The wireless endoscopy service (Pillcam) at Braemar Hospital is covered by an Affiliated Provider Agreement with Southern Cross.

Braemar Hospital accepts all patients with or without medical insurance.

“Your patients with Southern Cross medical insurance cover are able to have their endoscopy procedure completed at Braemar Hospital”

why choose a braemar hospital?

“Choice and Flexibility”

An ageing population, increasing demands and expectations, and the cost of new technologies provide challenges for both the private and public health sectors.

Medical and technological advancements have increased our ability to treat disease and injury. This has led to a greater expectation as to what should be achieved by the health sector. In the public sector the increase in complex surgery has come at the expense of lower cost surgery such as hernias and varicose veins, and the rationing system of waiting lists has led to these, and more complex procedures, being completed in the private sector.

Private healthcare offers choice and flexibility. It also offers access to some of the best Specialists in a timely manner without the restrictions of a waiting list.

At Braemar patients can be assured of a quality service at competitive rates and the very latest of modern medical technology.

Visit our website for more details: www.braemarthospital.co.nz



Dr Rob Cameron
Chairman

“Quality care costs less at Braemar hospitals”

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